

## Breakfast

*Your choice of Portuguese or hard roll*

Egg & Cheese

Pork Roll

Pork Roll & Cheese

Pork Roll, Egg & Cheese

Sausage, Egg & Cheese

Bacon, Egg & Cheese

Ham or Turkey, Egg & Cheese

Steak, Egg & Cheese

Pork Roll, Bacon, Egg & Cheese

Pepper & Egg

## Hot Food

**Cheese Steak Sub** (half or whole)  
Peppers, Onions

### **Charlie**

Turkey, Cheddar, Bacon,  
Lettuce, Tomato, Mayo

### **Locksmith**

Roast Beef, Cheddar Fried Onion,  
BBQ Sauce

**Chicken Cutlet Sub** (half or whole)  
Chicken, Cheese, Lettuce, Tomato, Mayo

### **Chicken Cordon Blue**

Chicken Cutlet, Ham, Swiss,  
Lettuce, Tomato, Mayo

### **French Bread Pizza**

## Boar's Head Cold Cuts

*by the pound*

Roast Beef

Turkey

Corned Beef or Patrami

Buffalo Chicken

Cappicola

Salami or Pepperoni

Bologna or Liverwurst

Swiss, Provolone,

Cheddar or Mozzarella

American Cheese

Pork Roll

Bacon

## Homemade Salads

Chicken Salad

Tuna Salad

Egg Salad

Cole Slaw

Potato and Macaroni Salad

## Catering, Platters, & Parties

Please consider serving an incredible Bing's sub platter for next family gathering or party! Give us a call 48 hours ahead and you'll have 3 feet of goodness being talked about at your table! Most of our subs can be made into one of these giants. Any platter can be made with your choice of bread, rolls or wraps. Also we can provide sides upon request. Bing's can cater any special occasion!

3 Foot Sub

6 Foot Sub

Sandwich or Sub Platter

A Stoppie Platter



**Bing's**  
BEACH HOUSE DELI

Proud Provider of  
Boar's Head Cold Cuts  
"The Best Sandwich in Town"

• DAILY SPECIALS •

**732-988-6746**

Corner of Lincoln and Main Street  
Avon by the Sea, NJ 07717

### **Store Hours**

Monday-Saturday

6am-4pm

Sunday

7am-2pm

### **Free Beach Delivery**

In Town Only!

June 21 through Labor Day

## Submarines

*Half (7") - Whole (14")*

### **Super**

Ham, Turkey, Roast Beef, Provolone

### **Deluxe**

Ham, Cappelletti, Salami, Pepperoni,  
Provolone

### **Italian**

Ham, Cappelletti, Salami, Provolone

### **Main Street**

Ham, Turkey, Roast Beef, Swiss,  
Coleslaw, Russian Dressing

### **Club Sub**

Turkey, Ham, Bacon

### **Roast Beef**

### **Turkey**

### **Ham & Cheese**

### **Tuna or Chicken Salad**

### **Cubano Panini**

Roast Pork, Ham, Swiss, Pickles,  
Spicy Mustard or Sweet Mustard

### **Cheese available:**

American, Swiss, Cheddar,  
Mozzarella, Provolone

## Sandwiches

*White, Wheat, Rye, Hard Roll,  
White or Whole Wheat Wrap*

### **Roast Beef**

### **Turkey**

### **Ham and Cheese**

### **Chicken, Tuna, or Egg Salad**

### **Liverwurst**

### **Bologna & Cheese**

### **Corned Beef – Hot or Cold**

### **Pastrami – Hot or Cold**

### **BLT**

### **Grilled Cheese**

### **Club – any kind**

## Sloppies

*Served on Rye Bread  
with Coleslaw and Russian Dressing*

### **Roast Beef**

### **Turkey**

### **Ham**

### **Corned Beef**

### **Pastrami**

### **All sub and sandwich prices include:**

Lettuce, Tomato, Onions, Hot Peppers,  
Salt, Pepper, Oregano, Mayo, Mustard  
and Oil & Vinegar Upon Request.  
Cheese or Bacon additional



## Salads

*Served with your choice of dressing  
Oil & Vinegar, Balsamic, Italian, Ranch, Russian*

### **Garden**

Lettuce, Tomato, Onion,  
Bell Peppers, Carrots  
small or large

### **Chef**

Roast Beef, Turkey, Ham,  
Swiss and American Cheese

### **Roman**

Salami, Cappelletti, Mozzarella,  
and Roasted Red Peppers

### **Tuna or Chicken Salad Cooler**

Garden Salad with a Scoop of  
Tuna or Chicken salad

## Specialty Wraps

*Served on White or Whole Wheat Wraps*

### **Gabby**

Chicken Cutlet, Lettuce,  
Tomato, Onion, and Ranch

### **Paula**

Chicken Salad, Lettuce, Tomato, Balsamic

### **American**

Turkey, Ham, American Cheese,  
Lettuce, Tomato, Mayo

### **Ava**

Roast Beef, Bacon, Lettuce, Tomato, Mayo

### **Molly**

Turkey, Cheddar, Bacon, Lettuce,  
Tomato, Mayo